



# Amenity®

Hotel & Resort  
Česká Kanada

## Services price list

Guests of Amenity Hotel & Resort Česká Kanada receive a 20% discount on electric bike rental, admission to the swimming pool, wellness centre, balneotherapy centre and green fees for the 18-hole Mních golf course.

Electric bike rental * (we lend strollers and child seats free of charge)	2 hours	Whole day
<b>Elektrokolo pro dospělé</b>	<b>550 CZK/1 person</b>	<b>1 350 CZK/1 person</b>

\* Only for guests staying at Amenity Resorts. We rent bikes including helmets.

Swimming pool and hot tubs (6:30–22:00)*	60 min
<b>Until 7 p.m. for resort guests</b>	<b>free</b>
<b>After 7 p.m. (Mon–Thu)</b>	<b>200 CZK/1 person</b>
<b>After 7 p.m. (Fri–Sun)</b>	<b>250 CZK/1 person</b>

\* Please note: Only children over 1 year of age are allowed in the pool and whirlpools. Between 6:30 and 8:00 a.m., the pool is reserved for swimmers only. Children under 3.99 years of age have free admission.

Wellness (16:00–22:00)* (bio sauna, Finnish sauna, steam bath, cooling pool, relaxation room)	60 min	90 min/1person
<b>Wellness</b>	<b>350 CZK/1 person</b>	<b>490 CZK/1 person</b>

\* Please note: Children must be at least 6 years old to enter the wellness center. The price includes access to the pool and towel rental.

Balneo (16:00–22:00)	60 min	1 month (season ticket)	60 min (entire cave)
<b>Private whirlpool bath with chromotherapy</b>	<b>790 CZK/1 person</b>		
<b>Salt cave*</b>	<b>200 CZK/1 person</b>	<b>2 000 CZK/1 person</b>	<b>2 000 CZK</b>

\* The price of admission to the whirlpool includes prosecco, seasonal fruit, and towel rental.

Fitness (8:00–21:00)*	Single entry	Season ticket
	<b>60 min. / 160 CZK / 1 person*</b>	<b>1 month / 1 500 CZK</b>
	<b>120 min. / 200 CZK / 1 person*</b>	<b>6 months / 8 000 CZK</b>
		<b>12 months / 12 000 CZK</b>

\* 20% discount for resort guests on a single entry (CZK 160)

Golf (Nová Bystřice course)	9 holes	18 holes
<b>Monday–Friday</b>	<b>350 CZK</b>	<b>500 CZK</b>
<b>Saturday–Sunday</b>	<b>450 CZK</b>	<b>700 CZK</b>

Golf (Mních course)	9 holes	18 holes*
<b>Monday–Friday</b>	<b>900 CZK</b>	<b>1 300 CZK</b>
<b>Saturday–Sunday</b>	<b>900 CZK</b>	<b>1 800 CZK</b>

\* Guests of Amenity Hotel & Resort Česká Kanada receive a 20% discount on green fees at the Mních golf course all year round. The discount applies to 18 holes.

Golf	Non-member	Member
<b>Driving range</b> (access to training areas)	<b>free</b>	<b>free</b>
<b>40 balls on the driving range</b>	<b>100 CZK</b>	<b>50 CZK</b>
<b>Manual trolley</b>	<b>200 CZK</b>	<b>150 CZK</b>
<b>E-cart 18 holes Mních</b>	<b>800 CZK</b>	<b>500 CZK</b>
<b>Bag with clubs</b> (basic bag for beginners (18/9 holes))	<b>150 CZK</b>	<b>150 CZK</b>

\* Operating hours – according to the agreed massage time

\* Payment in advance required when booking

\* Advance booking required, at least 24 hours in advance

\* Massages must be canceled at least 24 hours in advance.

For cancellations less than 24 hours in advance or no-shows, a 100% cancellation fee will be charged.

### Address

Amenity Hotel & Resort Česká Kanada  
Vitorazská 672  
378 33 Nová Bystřice

### Contact reception

**T:** +420 775 445 880

**E:** kanada@amenity.cz

### Contact wellness

**T:** +420 725 807 354

**E:** wellness.kanada@amenity.cz



**Amenity**<sup>®</sup>

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## Massages pricelist

[kanada.amenity.cz](http://kanada.amenity.cz)

**Opening hours of massages for guests:** Fri-Sun | 10:00 a.m. – 10:00 p.m. (reservation required at least 24h in advance)

**Opening hours for massages for the general public:** Fri-Sun 10:00 a.m. – 6:00 p.m. (reservation required at least 24h in advance)

Massage type	Description	30 min.	60 min.	90 min.	120 min.
<b>Classic Thai</b>	Traditional temple Thai stretching massage		<b>1 530 CZK</b>	<b>1 980 CZK</b>	<b>2 430 CZK</b>
<b>Aroma Oil</b>	Oriental full body relaxing oil massage		<b>1 740 CZK</b>	<b>2 190 CZK</b>	<b>2 640 CZK</b>
<b>Kombi</b>	The perfect combination of oil and traditional Thai massage		<b>1 780 CZK</b>	<b>2 230 CZK</b>	<b>2 680 CZK</b>
<b>Royal Thai</b>	Royal stretching Thai massage with hot herbs			<b>2 180 CZK</b>	
<b>Royal Aroma</b>	Hot herbal sachets and full body oil massage			<b>2 280 CZK</b>	
<b>Foot Reflexology</b>	Reflexology foot massage and foot massage with herbal ointments	<b>960 CZK</b>	<b>1 480 CZK</b>		
<b>Back</b>	Special back and head massage with herbs, balm and oils		<b>1 780 CZK</b>	<b>2 230 CZK</b>	
<b>Face</b>	Relaxing acupressure massage of the face and whole head	<b>960 CZK</b>			
<b>Anti-Stress</b>	Quick help for your back, neck and blocked neck	<b>1 060 CZK</b>			
<b>Pregnancy</b>	Relaxing pregnancy oil massage benefiting both mother and baby		<b>1 740 CZK</b>		

Thai massages are provided in cooperation with our partner

**TAWAN**

[www.tawan.cz](http://www.tawan.cz)



\* **Opening hours - Guests: 10:00 a.m. – 10:00 p.m. | Public: 10:00 a.m. – 6:00 p.m.**

Prepayment required upon booking

\* Advance booking required, at least 24 hours in advance

\* Massage must be cancelled at least 24 hours in advance. Cancellation less than 24 hours in advance or no-show for a massage, a **100% STORNO FEE** of the massage price will be charged.

### Address

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### Contact

**T:** +420 725 807 354  
**E:** [wellness.kanada@amenity.cz](mailto:wellness.kanada@amenity.cz)



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## Contraindications

**In case of health problems, it is necessary to seek a professional medical examination and postpone the massage. If there is any doubt about the suitability of the massage a doctor should be consulted beforehand. By entering the massage, the client confirms that he/she is aware of the contraindications.**

### **GENERAL CONTRAINDICATIONS (WHEN NOT TO HAVE A FULL BODY MASSAGE)**

- for heart disease
- cancer
- atherosclerotic diseases
- abdominal diseases associated with inflammation or bleeding injuries of the abdominal cavity
- major bleeding conditions (haemophilia, leukaemia)
- febrile, infectious or acute inflammatory diseases
- conditions requiring bed rest and after recent surgery
- failure of vital organs
- acute psychoses and conditions under the influence of alcohol or drugs and psychotropic substances
- immediately after a meal
- breastfeeding

### **CONSULT A DOCTOR**

- for diabetes
- for epilepsy
- for fluctuating blood pressure

### **PARTIAL CONTRAINDICATION (ONLY PARTIAL MASSAGE IS POSSIBLE)**

- in areas of purulent or fungal diseases
- in areas of inflamed joints
- bleeding wounds, open wounds or large contusions and fractures
- animal bites or snake bites
- burns, scalds or burned areas on the skin
- areas of varicose veins (varicose veins), venous inflammation or varicose ulcers
- in areas of swelling of uncertain origin
- in areas of enlarged local nodules, tumours, warts, moles, inflamed or ulcerated affections
- the abdomen in pregnant women and six-week-old women and in menstruating women
- abdomen in acute gallbladder diseases
- the abdomen in case of severe constipation, diarrhoea or an empty bladder

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